

2024 ALTERNATIVE WINTER BREAK

GREATER NEW ORLEANS, LA



YOUR ALTERNATIVE BREAK IS COMING UP SOONER
THAN YOU THINK! HERE IS A LIST OF THINGS YOU'LL
NEED TO KNOW BEFORE YOU ARRIVE.



Aurora United Methodist 3300 Eton Street, New Orleans, LA 70131

SLEEPING QUARTERS: Dorm style rooms -

Gender Specific

BED TYPE: Bunk Beds; BYO bedding

SHOWERS: Stalls

STORAGE: In room/under bed

RECREATION AREAS: Gymnasium, meeting room,

cafeteria

WIFI : Available, but spotty

PARKING: Parking lot

SPENDING A WEEK
VOLUNTEERING WITH
BREAK A DIFFERENCE
WAS A UNIQUE
EXPERIENCE THAT
INTRODUCED ME TO
INSPIRING INDIVIDUALS
WHILE ALSO GETTING A
SPECIAL OPPORTUNITY
TO LEARN AND MAKE
AN IMPACT IN THE
COMMUNITY.

—M. THOMPSON



TRANSPORTATION



SHUTTLES

Once you have arrived at one of our transportation hubs, an Alternative Break representative will shuttle you to our housing location.



	TRANSPORTATION H	UB	MEETING LOCATION	
CAR	Head to our Break Campus	-	Parking available on-site	
	Union Passenger Terminal 1001 Loyola Ave	_	Outside main entrance	BUS
PLANE	Louis Armstrong (MSY)	_	Outside main entrance	

PACKING

REGISTR	ATION Government issued photo ID (driver's license preferred); Must be 18+ to participate	
	Closed-toe shoes required, boots are ideal, but solid sole tennis shoes are ok. The thicker the sole, the better. Bring a week's' worth of clothes you're willing to get dirty that are appropriate for working both inside and outside. Check the weather before your departure; layers are always best! You may want to bring flip flops and a bathing suit for showering.	CLOTHING
PERSON	Toiletries, towel, shampoo, soap, toothbrush, toothpaste, medications, prescribed eyewear etc. Portable phone charger, car charger, and a extension cord!	
	Pillow, sleeping bag, twin-sized fitted sheet or sheets and blanket (pack both if you usually are cold at night). The ideal setup is your twin-sized fitted sheet covering the mattress with your sleeping bag and pillow on top.	BEDDING
MISC	Ear plugs, combination lock for potential use of locker, spending money, car charger for mobile phone, GPS unit for car	
	We discourage anyone from bringing high cost electronics (i.e. laptops, tablets, camera), if you do decide to bring them, bring them	TO PRING

at your own risk. Please refrain from bringing large amounts of cash or

any valuable jewelry etc.





PROGRAMMING

SERVICE PROJECTS

Break'rs will work with local disaster response organizations to help rebuild homes and communities damaged by Hurricane Ida. This may include demolition, general construction, and finishing work like sheetrocking, painting and flooring. All service projects will be in Houma, LA, the hardest hit area.

Break'rs will have a mixture of planned and unplanned excursions throughout the week after service hours. On Sunday & Wednesday, we plan to provide free time to explore the city.

EXCURSIONS

SPECIAL PROGRAMMING

During your Break prepare to participate in reflections and leadership activities as well as other various ceremonies that will inspire lasting impact

Limited Wifi, board games, organized activities, nightly team check-in reflections, & outdoor basketball courts.

RECREATION



ITINERARY / SCHEDULE

Here is a weekly overview, some days/times may change based on team assignment or evolving program needs.

	SUN	MON	TUE	WED	THUR	FRI	SAT
MORNING	Break'r Arrival	Volunteer	Volunteer	Service Learning Experience	Volunteer	Volunteer	Break'r Departure
AFTERNOON	Explore NOLA*	Volunteer	Volunteer		Volunteer	Volunteer	
EVENING	Orientation	Dinner & Town Hall	Dinner & Town Hall Explore NOLA*	Explore NOLA	Dinner, Town Hall, & Break Beyond	Dinner & Closing Ceremony	

* if there's enough time

